



Full Length Article

Seasonal Variation in Leaf Growth and Antioxidant Content of *Moringa oleifera* Cultivated at Buenos Aires, Argentina

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Abstract

The properties and applications of *Moringa oleifera* are so vast that it is called the "miracle tree". The objective of this work is to study the seasonal variations in the leaf antioxidant content and the scavenging activity on DPPH radicals in concordance with its growth on *M. oleifera* plants of two seed origin, Commercial (C, seeds that were obtained from a market) and Bolivia (B, seeds that were obtained from a commercial forest of Santa Cruz de la Sierra, Bolivia); the experiment was conducted at Buenos Aires, Argentina. Significant differences were found on leaf growth, antioxidant content and DPPH activity along the growing season. The lower leaf dry weight as percentage of fresh weight, higher specific leaf area, higher relative growth rate and lower phenol content on B leaves than C leaves could indicate that B plants are geared for a higher productivity rate of resource acquisition than C plants. Specific leaf area, leaf dry weight as percentage of fresh weight, phenol content and activity of DPPH radicals on leaf extracts were significantly correlated, which could be used on productivity estimation and nutraceutical valuation. The phenol content and activity of DPPH radicals of leaf extracts of B and C origins indicate that the leaves of the plants growing in the described conditions are of noteworthy value. These are the first antecedents for *M. oleifera* growing at Buenos Aires, Argentina, allowing to preliminary consider this area as one of the southernmost zone. © 2016 Friends Science Publishers

Keywords: Specific leaf area; Dry matter content; Phenols; DPPH activity

Introduction

Moringa oleifera is a tree belonging to the *Moringaceae* family. It is indigenous of south Asia, mainly in Himalayan foothills and India (Parrotta, 1993). At present, *M. oleifera* is cultivated in many countries in tropical and subtropical regions of Africa, Southeast Asia and South America (Ganatra Tejas *et al.*, 2012). No experimental studies exist today that can provide data of the possibilities of cultivation of this species in Argentina. However, Falasca and Bernabé (2008) made a careful study to delimit the potential agro-ecological zone of culture of *M. oleifera* in this country. Some years ago there were commercial plantations in the NW of Argentina (Oran, Salta). Oil produced from the seeds was exported only for cosmetic use. Two agribusinesses developed near Santa Cruz de la Sierra in Bolivia had the same purpose (personal comments).

The properties and applications of *M. oleifera* are so vast that it is called the "miracle tree". Among the most common uses, *M. oleifera* is employed as fuel, in the pharmacological industry, in human nutrition and animal fodder. Seeds are used in water purification and for oil extraction for multipurpose (Palafox *et al.*, 2012). One use of this oil is the production of biofuels as biodiesel (Rashid

et al., 2008), but it is also employed as cooking oil and in pharmacopoeia and cosmetology for its medicinal properties (Delaveau and Boiteau, 1980; Basra *et al.*, 2015). *Moringa* oil unsaponifiables contain copious amounts of tocopherols and sterols (Anwar *et al.*, 2006).

The potential uses of this species in medicine are as: cardiac and circulatory stimulants, antitumor, antipyretic, antiepileptic, anti-inflammatory, antiulcer, antispasmodic, diuretic antihypertensive, cholesterol lowering, antioxidant, antidiabetic, hepatic-protective, antibacterial and antifungal activities (Arora *et al.*, 2013). In addition, endophytic fungi isolated from leaves of *M. oleifera* are producers of bioactive compounds that can be used in various fields such as medicine, agriculture, environment, etc. (Dhanalakshmi *et al.*, 2013). In human nutrition, the European Commission introduced this species as "novel food" due to the importance that it has acquired in recent years. In effect, it has been shown that *Moringa* leaves are a source of energy, nutrients, proteins and minerals such as: Ca, K, Mg, P, Fe and Zn (Yameogo *et al.*, 2011). *Moringa* leaves are rich in vitamin A and C and it is considered useful in scurvy and catarrhal affections (Singh *et al.*, 2012). Also, leaves are rich in ascorbic acid, amino acids, sterols, isoquercetil glucoside, carotenes, rhamentin, kaempferol, kaempferitrin

(Nair and Sankaras, 1962) and polyphenols with antioxidant properties (Atawodi *et al.*, 2010; Leone *et al.*, 2015a, b; Sankhalkar and Vernekar, 2016). Moreover, *Moringa* leaves contain further hypoglycemic compounds (Tende *et al.*, 2011).

However, little is known about the seasonal variation in the antioxidant content and the antioxidant activity together with the growth of *M. oleifera* leaves. Therefore, the present study investigates the changes along the growing season in the antioxidant and total phenol content with the scavenging activity on DPPH radicals in concordance with the growth of *M. oleifera* leaves from plants of two seed origins; the experiment was conducted at Buenos Aires, Argentina.

Materials and Methods

Plant Material and Sampling

Moringa oleifera plants (one year old) were obtained through germinated seeds from two origins: Commercial (C, seeds that were obtained from a market) and Bolivia (B, seeds that were obtained from a commercial forest of Santa Cruz de la Sierra, Bolivia). The seeds were germinated with a substrate soil: perlite (1:1). The plants ($n = 100$ for each origin) were growing in plastic pots (50 dm³) filled with soil: perlite (1:1) (Salinas, 2013) in the greenhouse of the Moreno Experimental field at Morón University (34° 39' SL, 58° 47' WL, 19 m a.s.l.) until October 2013, when this experiment started. The mean air temperature from September 2013 to January 2014 (Fig. 1) was registered with a Meteorological Station placed in the experimental field.

Selected leaves from the middle position of the main trunk (1 per plant) were harvested once a month from October 2013 to January 2014.

Leaf Growth

For each leaf and each day of harvest ($n = 10$) fresh and dry weight of leaves and dry weight as percentage of fresh weight were recorded. Also, leaf area, leaf perimeter, specific leaf area (leaf area/leaf dry weight) and leaflet number were analysed. UTHSCSA Image Tool software (San Antonio, Texas, USA) was applied on pictures taken on leaves to measure biometric parameters.

Phenol Content

The methodology employed for the extraction and determination of the phenolic compounds was described by Makkar *et al.* (1993). Briefly, 0.5 g of dry leaves (three leaves for each sample) were extracted with (80%) methanol (5.0 mL) in darkness and at 7°C for 24 h ($n = 3$). Aliquots (25.0 µL) of the methanolic extracts were transferred to glass tubes and the volume was adjusted to 500.0 µL with

deionized water. Then, 250.0 µL of 50% Folin-Ciocalteu reagent and 1.25 mL of (20%) aqueous sodium carbonate solution were added. After standing for 40 min at 24°C, the absorbance of the resulting colored solutions were measured against a blank at 725 nm using a Shimadzu 1203 UV Vis spectrophotometer. The phenol content was obtained from the calibration curve prepared using tannic acids standard, and expressed as mg tannic acid equivalents/1 g dry weight.

Preparation of Extracts from Leaf and Extraction Yield

Dried leaves (0.5 g obtained from three leaves for each sample) were extracted with 5.0 mL of methanol at 24°C for 24 h with continuous stirring. The residue was later extracted twice with additional volumes of 5.0 mL methanol for 48 h, and the three extracts were combined. The extraction yield was determined gravimetrically from the methanolic extracts ($n = 3$) carried out in triplicate (Arena *et al.*, 2012). The extracts were then used to determine the DPPH scavenging activity.

Scavenging Activity on DPPH Radicals

Each methanolic extract (0.0 to 0.5 mg/mL) in methanol (2.0 mL) was mixed with 0.25 mL of a methanolic solution containing DPPH radicals, resulting in a final concentration of 0.1 mM DPPH. The mixture was shaken vigorously and allowed to stand in darkness for 30 min. The absorbance was then measured at 517 nm against a blank in a Shimadzu 1203 UV Vis spectrophotometer (modified method of Shimada *et al.*, 1992). A low absorbance value for the reaction mixture indicates high free radical scavenging activity. The capability of methanolic extracts to scavenge DPPH radicals was calculated using the following equation: DPPH scavenging effect (%) = $[(A_{\text{blank}} - A_{\text{sample}}) / A_{\text{blank}}] \times 100$, where A blank is the absorbance of the control reaction (containing all reagents except the test compound) and A sample is the absorbance of the reaction mixture for the compound scavenging effect. The values for the DPPH scavenging effect were calculated for all methanolic extracts under study.

Statistical Analysis

Data were analyzed statistically by two and three-way analysis of variance (ANOVA), and means were then separated using the Tukey multiple range test at $p \leq 0.05$. Linear coefficient correlations were performed between some pairs of variables.

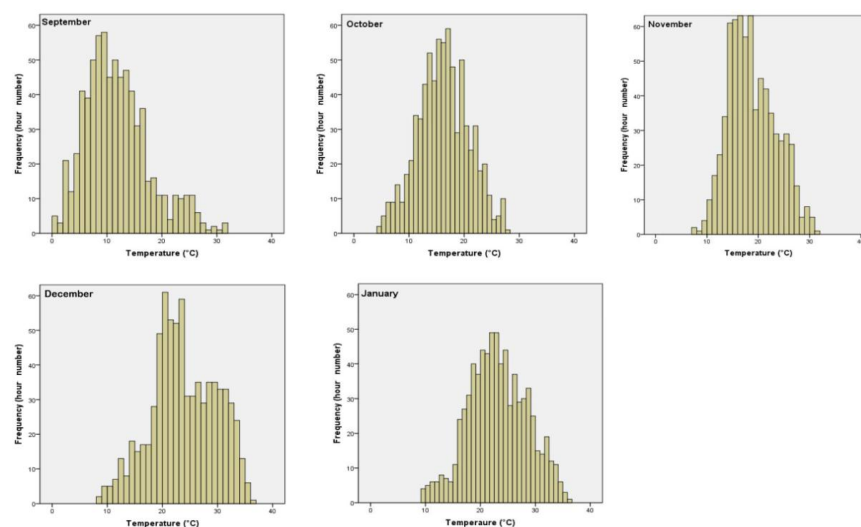
Results

Fresh and dry weight of leaf significantly increased along the growing season being maxima on January (5.7 and 1.3 g, respectively) (Table 1). Leaf dry weight as percentage of

Table 1: *M. oleifera* leaf growth; Mean values of ANOVA considering the month and the origin as main factors, and the fresh weight (FW) (g), dry weight (DW) (g), dry weight as percentage of fresh weight (DWP) (%), area (A) (cm²), perimeter (P) (cm), specific leaf area (SLA) (cm²/g) and leaflet number (LN) as dependent variables

Main factor	FW	DW	DWP	A	P	SLA	LN
<i>Month</i>							
October	0.57c	0.12d	20.69b	25.62b	98.73c	220.30b	30.65c
November	3.18b	0.50c	15.58c	185.85ab	480.60b	403.16a	41.20c
December	4.41ab	0.97b	22.07a	188.61ab	669.73b	194.29b	109.85b
January	5.67a	1.27a	22.67a	245.18a	1063.29a	190.95b	240.53a
<i>F (p)</i>	111.00 (<0.001)	128.55 (<0.001)	75.22 (<0.001)	50.91 (<0.001)	71.54 (<0.001)	19.82 (<0.001)	110.26 (<0.001)
<i>Origin</i>							
Commercial	3.26	0.68	20.77 ^a	143.32b	466.35b	223.09b	78.9b
Bolivia	3.59	0.74	19.74b	176.77a	674.91a	282.07a	128.18a
<i>F (p)</i>	1.88 (0.174)	1.60 (0.285)	7.70 (0.007)	5.83 (0.018)	18.17 (<0.001)	6.89 (0.011)	27.30 (<0.001)
<i>Month x Origin F (p)</i>	6.36 (0.001)	3.39 (0.023)	3.01 (0.035)	1.12 (0.347)	3.09 (0.033)	2.85 (0.043)	8.60 (<0.001)

ANOVA $F(p) = 0.05$. Values followed by different letters in each column and for each factor are significant different according to Tukey test at a $p \leq 0.05$. (n=3)

**Fig. 1:** Hour numbers of mean air temperatures from October to December 2013 and January 2014 registered by the Meteorological Station at the Experimental Field of Morón University

fresh weight reached a minimum on November (15.6%) to then increase to 22.7% on January. Leaf area and perimeter as well as leaflet number were maxima on January (245.2 cm², 1063.3 cm and 240.5, respectively). However, specific leaf area significantly increased between October and November (220.3 and 403.2 cm²/g) to then decrease (194.3 cm²/g) on December, staying constant until January (190.9 cm²/g).

No significant differences were found on fresh and dry weight of leaf between both origins (Table 1). However, leaf dry weight as percentage of fresh weight, leaf area and perimeter, specific leaf area and leaflet number varied significantly between the two origins (Table 1). Leaf dry weight as percentage of fresh weight was higher on C leaves (20.8%) than on B leaves (19.7%). B leaf area and perimeter were significantly higher (176.8 cm² and 674.9 cm) than C leaves (143.3 cm² and 466.3 cm), while the specific leaf area and leaflet number were 282.1 cm²/g and 128.2 for B leaves and 223.1 cm²/g and 78.9 for C leaves, respectively.

Significant interactions were found on the described variables among the studied factors, except for the leaf area (Table 1, Fig. 2A and 2B), due to differential increments in the studied variables, as occurred when comparing leaf fresh and dry weight for both origins, where fresh and dry weight of C leaves showed a small increase between November and December (growth rates of 0.2 and 1.9% respectively), while B leaves presented a higher increase (growth rates of 3.2 and 5.8%, respectively) (Fig. 2A). Specific leaf area increased more significantly between October and November on B leaves than in C leaves, while leaf perimeter increased higher between December and January in B than in C leaves (Fig. 2B).

Negative and significant correlations were found between the leaf dry weight as percentage of fresh weight and the specific leaf area ($r = -0.828$; $p < 0.001$).

Antioxidant and phenol contents along the growing season showed significant differences among the months (Table 2). The antioxidant content was maxima on October

(8.7 mg/mL), to decline on November to a minimum (5.5 mg/mL) and then increase to 7.5–7.6 mg/mL on December and January. However, if the minimum content of total phenols was observed in November (7.4 mg/g dry weight) in coincidence with the antioxidant content, the maximum content was found on December and January (14.1 mg/g dry weight).

Antioxidant and phenol content between the two origins were no significant different (Table 2). The antioxidant content was 7.5 and 7.1 mg/mL for B and C leaves respectively, while the total phenol was 11.1 and 12.0 mg tannic acid equivalents/g dry weight, respectively.

No significant interactions were found on the described variables among the studied factors (Table 2 and Fig. 3), although the phenol content increased significantly between November and December on C leaves.

The scavenging activity on DPPH radicals along the growing season showed significant differences among the months ($p < 0.001$). The DPPH activity was maximum on October (56.6%) to decline on November (39.4%) and then increased to 52.8 and 56.3% on December and January, respectively. The scavenging activity on DPPH radicals of B leaves was significantly higher (53.0%) than the obtained for C leaves (49.4%). The maximum scavenging activity on DPPH radicals was reached at 0.5 mg/mL (92.5%). Significant interactions were found on the described variables among the studied factors ($p = 0.020$) (Fig. 4A and 4B), due to differential increments in the scavenging activity on DPPH radicals. These interactions can be observed when comparing the scavenging activity on DPPH radicals along the season, where this variable increased markedly between 0.25 and 0.50 mg/mL on November leaf extracts, and this increment was minima on October and January leaf extract (Fig. 4A). Also, the scavenging activity on DPPH radicals of C leaves increased higher than B leaves between 0.25 and 0.50 mg/mL (Fig. 4B).

Positive and significant correlations were found between the antioxidant and phenol contents ($r = 0.441$; $p = 0.030$), the antioxidant content and the scavenging activity on DPPH radicals ($r = 0.787$; $p = <0.001$) and the phenol content and the scavenging activity on DPPH radicals ($r = 0.522$; $p = <0.010$).

Discussion

The leaf can be considered as a micro copy of the plant (Davi *et al.*, 2008) and the variations on leaf morphology among species, genotypes or ambient conditions can reflect the plant capacity to acquire, use and conserve resources, existing a correlation between leaf morphology and habitat productivity. *M. oleifera* leaf growth changed along the season and with the growing conditions and therefore according to its phenological phase, as has been cited for the specific leaf area in different species (Lee and Heuvelink, 2003; Atkin *et al.*, 2006).

Table 2: *M. oleifera* leaf composition; Mean values of ANOVA considering the month and the seed origin as main factors, and the content of antioxidant compound (mg/ml) and total phenol (mg tannic acid equivalents/g DW) as dependent variables

Main factor	Antioxidants (mg/ml)	Total phenols (mg/g DW)
<i>Month</i>		
October	8.66a	10.52bc
November	5.48c	7.40c
December	7.49b	14.10ab
January	7.63b	14.15a
<i>F(p)</i>	45.38 (<0.001)	13.26 (<0.001)
<i>Origin</i>		
Commercial	7.11	11.97
Bolivia	7.51	11.12
<i>F(p)</i>	4.09 (0.060)	0.90 (0.357)
<i>Interaction Month x Origin F (p)</i>	0.91 (0.459)	1.56 (0.238)

ANOVA $F(p) = 0.05$. Values followed by different letters in each column and for each factor are significant different according to Tukey test at a $p \leq 0.05$. ($n=3$)

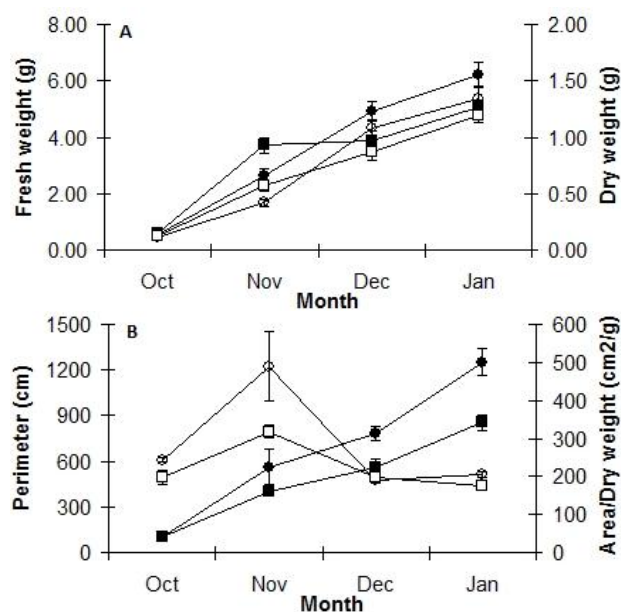


Fig. 2: Leaf growth of *M. oleifera* along the growing season. A. ● Fresh leaf weight of Bolivia origin; ■ Fresh leaf weight of Commercial origin; ○ Dry leaf weight of Bolivia origin; □ Dry leaf weight of Commercial origin. B. ● Leaf perimeter of Bolivia origin; ■ Leaf perimeter of Commercial origin; ○ Specific leaf area of Bolivia origin; □ Specific leaf area of Commercial origin. Bars represent ± 1 standard error of the mean

Leaf growth pattern of C origin particularly analyzed through the fresh weight, the perimeter and the area showed a double sigmoid curve, with a first period of fast growth between October and November, followed by a lag period until December, to then increase till the end of the experiment. However, B leaf growth only showed a lag

period through the leaf area. The behavior of the leaf growth of C origin could be influenced by the climatic conditions due to when analyzing the mean air temperatures for October and November, it has increased from 16.2 to 18.8°C, being perhaps a small temperature increment for C leaf growth. The specific leaf area reached a maximum value on November due to a differential increment between both variables, area and dry weight; while leaf area increased 7.3 times between October and November for both origins, the increase in the leaf dry weight was 4.7 and 6.5 times for B and C leaves, respectively. The specific leaf area of B and C origins were higher (6.6 to 19.9 times) than the reported by Muhl *et al.* (2011) for plants obtained from wild *M. oleifera* seeds from Africa growing under controlled conditions, while leaf area was also positively correlated with tree height and stem thickening growth rates (Muhl, 2009).

The antioxidant and phenol contents for C and B leaves presented a highlighted minimum on November, in coincidence with the decrease of the leaf dry weight as percentage of fresh weight and the increase of the specific leaf area. Also, the scavenging activity on DPPH radicals on leaf extracts of November was minima for both origins. Changes in the contents of leaf secondary metabolites with the phenology along the growing season have been described for *Eucalyptus* sp. (Macauley and Fox, 2006), *Coffea* sp. (Salgado *et al.*, 2008) and *Artemisia* and *Hypericum* sp. (Rugna *et al.*, 2013), among others.

Positive and significant correlations were found between the leaf dry weight as percentage of fresh weight with the antioxidant content ($r = 0.764$; $p < 0.001$), with the phenol content ($r = 0.753$; $p < 0.001$) and DPPH activity ($r = 0.726$; $p < 0.001$). However, negative and significant correlations were found between the specific leaf area with the antioxidant content ($r = -0.662$; $p < 0.001$), with the phenol content ($r = -0.588$; $p = 0.002$) and DPPH activity ($r = -0.723$; $p < 0.001$). The described correlations could explain the fact that B leaves presented a higher specific leaf area and growth rates than C leaves, and a lower dry weight as percentage of fresh weight and phenol content than C leaves, in coincidence with the correlations cited by Poorter and de Jong (1999) in several species. The lower leaf dry weight as percentage of fresh weight, higher specific leaf area, higher relative growth rate and lower phenol content on B leaves than C leaves could indicate that B plants are geared for a higher productivity rate of resource acquisition than C plants. These concepts can be confirmed with the fact that the C plants produced a larger number of flower buds respect of those of B plants (Salinas, 2013) probably due to larger amount of accumulated reserves.

C and B leaf phenol content (11.1 to 12.0 mg/g dry weight) was higher than the reported by Luqman *et al.* (2012) (22 µg/mL), and Nouman *et al.* (2016) (0.5 µg/g dry weight), although lower than the reporter by Muhammad *et al.* (2013) (7.4 g 100/g dry weight). The obtained

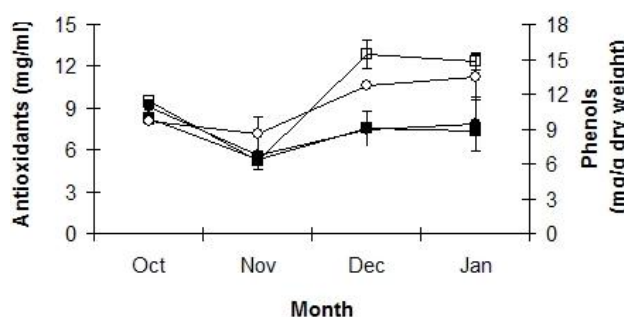


Fig. 3: Leaf composition of *M. oleifera* along the growing season. ● Antioxidant content of Bolivia (B) origin; ■ Antioxidant content of Commercial (C) origin; ○ Phenol content (tannic acid equivalents) of Bolivia (B) origin; □ Phenol content (tannic acid equivalents) of Commercial (C) origin. Bars represent ± 1 standard error of the mean

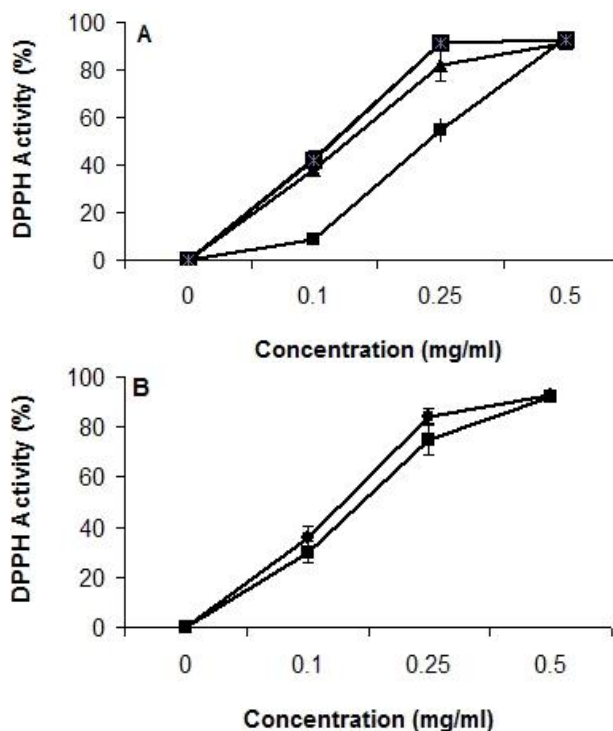


Fig. 4: Scavenging activity of the leaf methanolic extracts of *M. oleifera* on DPPH radicals at different concentrations. A. ○October; ■ November; ▲ December; x January. B. ● Bolivia (B) origin, ■ Commercial (C) origin. Bars represent ± 1 standard error of the mean

scavenging activity on DPPH radicals on leaf extracts was higher than that referred by Siddhuraju and Becker (2003) and Luqman *et al.* (2012) on *M. oleifera* leaves and comparable with the obtained for fruits extracts. Positive correlations between phenol content and DPPH activity was also found for *M. oleifera* by Nouman *et al.* (2016).

Plants alter their physiology, morphology and

development in response to environmental changes (Guo *et al.*, 2007). The correlations among changes in leaf morphology and composition with the phenology and environment are useful tools for the understanding of plant plasticity to seasonal changes in their biotic and abiotic environment, or when plants are collected for therapeutic aims or to perform chemotaxonomic studies (Rugna *et al.*, 2013).

M. oleifera trees are mainly found throughout the tropics around the world, and the successful cultivation of this species in cooler climates would greatly increase their production areas (Muh *et al.*, 2011). Growth of *M. oleifera* plants is possible in the experimental field of Morón University (near Moreno city), with a mean temperature during the period of study of 20.5°C, and this fact allow to preliminary consider this agro climatic zone as one of the southernmost area for *M. oleifera* culture in coincidence with that cited by Falasca and Bernabé (2008).

Conclusion

The study of the changes of the leaf growth and antioxidant content of *M. oleifera* (B and C origins) along the growing season in Buenos Aires, Argentina, are the first antecedents, allowing to preliminary consider this area as one of the southernmost zone for *M. oleifera* growth. Specific leaf area, leaf dry weight as percentage of fresh weight, phenol content and activity of DPPH radicals on leaf extracts were significantly correlated, which could be used on productivity estimation and nutraceutical valuation. The phenol content and activity of DPPH radicals on leaf extracts of B and C origins indicate that the leaves of the plants growing in the described conditions are of noteworthy value.

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